



Training to improve children and young people's lives

A Gestalt Play Therapy Approach to Child Therapy



Venue: Northampton

Price: £85.00 per person

£65.00 Full Time Student

(Including refreshments & complimentary lunch)

Time: 9:15am until 4:30pm



“I do not view a child's behaviour, displeasing as it may sometimes be, as sickness. I view it as the child's evidence of strength and survival. A child will do what he can in any way to survive in this world.”

Violet Oaklander (1988) *Windows to Our Children: A Gestalt Therapy Approach to our Children and Adolescents.*

Gestalt Therapy focuses on process and relationship rather than vocabulary. The approach is interested in raising awareness of how the body and mind hold emotions and deals with them in the here and now. Play is children's first language and not vocabulary, making Gestalt Therapy a very practical and accessible way of working therapeutically with children and young people as well as adults. The Gestalt Play Therapy course is run by a qualified Gestalt Psychotherapist and Play Therapist. The course is designed for Play Therapists, Counsellors, Psychotherapists and trainee therapists that work with children and young people. You will be presented with an introductory level understanding to Gestalt theory and practice. A Gestalt Play Therapy approach to Child Therapy offers you a wealth of practical strategies for working therapeutically with children and young people using Gestalt Play Therapy techniques that you can take away and apply to practice.

Benefits of Attending the Course:

- You will leave with a clear understanding of some of the key concepts of Gestalt theory.
- The course will take you beyond Gestalt theory by offering a wealth of techniques and strategies that can be integrated into your practice.
- You will gain knowledge about using Gestalt theory in Child Therapy.
- Gain six hours of continued professional development and receive a certificate of attendance to evidence the training.
- You will have the opportunity to learn in a high quality safe and nurturing training environment, where learning is enjoyable.

“The course is thought provoking and enjoyable. At **Jogo** we are committed to taking your knowledge and skills to the next level.”



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