

**Training Approved & Licensed
by Prof. Mooli Lahad**



Training to improve children and young people's lives

Introduction to Creative Assessment of Coping Strategies using Basic Ph Six Piece Story Technique



Venue: Northampton
Price: £95.00 per person inc. VAT
(Including refreshments & complimentary lunch)
Time: 9:15am until 4:30pm



It is well recognised that understanding how children and young people cope in times of risk, psychological distress and trauma is critical in supporting their needs and re-enforcing their strengths. BASIC Ph is a multi-model approach to identify the coping mechanisms and resilient factors that the child or young person possesses. This creative and practical model is gaining more and more interest across professions working with children and families with some twenty research studies conducted on this model of assessment alone. The model is based on the premiss of six core coping strategies. Using a range of creative interventions such as story telling, narrative exploration and content analysis the therapist is taught to analyse the child or young person's story to establish the primary and secondary coping styles. Through establishing how the child or young person copes in trauma and psychological stress will inform you in providing the appropriate support.

This course will allow you to

- Develop your understanding of resilience and coping to enable you to apply the appropriate therapeutic interventions when working with children and young people.
- Learn and experiment, in the safety of the teaching environment, the skills required to conduct a Basic Ph Assessment .
- Use a creative method of assessment to understanding how children and young people cope in times of risk, psychological distress and trauma.
- Be provided with the opportunity to learn in a safe high quality training environment, where learning is enjoyable.
- This training will enable you to take away tools and ideas to aid communication through creative methods with children and young people.

“The course is interesting and creative. At **Jogo** we are focused on taking your knowledge about working with Children and Young People to the next level.”



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